Southmoreland School District
Introduction to Psychology Curriculum Overview

CP Intro to Psychology Overview:

The course is an introduction into general psychology. Introduction to Psychology is a survey course of basic psychological approaches, theory and practical knowledge. During the course of the year, students will be introduced to and demonstrate knowledge about important people, approaches, theories, procedures, biological and social influences that are pertinent to the understanding of basic psychology.

Module Titles:

Module 1: Approaches and History of Psychology
Module 2: Psychology of The Life Span
Module 3: Learning and Cognitive Processes
Module 4: Personality and Individuality
Module 5: Adjustment and Breakdown

Module Overviews:

Module 1: Approaches and History of Psychology
The students develop an understanding of the discipline of psychology through examining the reasons behind the study of psychology, as well as the history of the discipline. The module concludes with an overview of psychology as a profession.

Module 2: Psychology of the Life Span
This module examines the psychology of a person's life span by specifically detailing the infancy and early childhood stage, adolescence stage, and adulthood and old age.

Module 3: Learning and Cognitive Processes
Students develop an understanding of learning principles and their applications, as well memory, thought, thinking, and language.

Module 4: Personality and Individuality
In this module students examine different types of psychological testing and how these applications help various theories of personality.

Module 5: Adjustment and Breakdown
The course concludes with an overview of stress, health, and psychological disorders and the types of therapies that are used to treat them.